For Patients & Families with Inherited Heart Rhythm Disorders or Cardiomyopathies


The Comprehensive Genetic Arrhythmia Program at the University of California at San Francisco invites you to join us for a one-day educational seminar on topics of interest to patients living with inherited heart rhythm disorders or cardiomyopathies, and their families.

Family Support Meeting – Saturday, May 23, 2015
10:00am – 3:30pm
Cole Hall
513 Parnassus Ave.
University of California at San Francisco

The afternoon’s events will include lectures and Q&A sessions on eight key topics, small group breakout discussions over lunch, and an open-mic discussion with a panel of experts. Topics will include:

- Welcome / Introductions / Program Overview
  o Melvin Scheinman, MD

- What are Genes and Genetic Mutations?
  o Robert Nussbaum, MD – Chief, Division of Medical Genetics, UCSF; Holly Smith Distinguished Professorship in Science in Medicine at UCSF; Faculty Member, Institute of Human Genetics, UCSF

- What are Inherited Channelopathies (Long QT, Brugada, CPVT) and Non-channelopathies (ARVC)?
  o Melvin Scheinman, MD – Chief of CGAP Clinic; Prof. of Medicine, Walter H. Shorenstein Endowed Chair in Cardiology, UCSF

- Advances in the Diagnoses and Management of Patients with Inherited Cardiac Myopathies (Dilated Cardiomyopathy, Hypertrophic Myopathy)
  o Rahul Deo, MD, PhD – Assistant Prof., Div. of Cardiology, Dept. of Medicine, UCSF; Principal Investigator, CVRI

- Pediatric and Adolescent Considerations
  o Akash Patel, MD – Assistant Professor of Clinical Pediatrics, Dept. of Medicine, UCSF

- Role of Exercise Limitations for the Inherited Arrhythmia Patient
  o Marco Perez, MD – Director, Stanford Inherited Cardiac Arrhythmia Clinic; Assistant Professor, Medicine – Cardiovascular Medicine, Stanford Medical Center

- Deciding if Pregnancy is Right for You: Managing Risks/Exploring Other Options
  o Juan M. Gonzales Velez, MD, MS, FACOG – Assistant Professor, Division of Maternal-Fetal Medicine, UCSF Dept. of Obstetrics, Gynecology & Reproductive Sciences

- The Internal Defibrillator: Practical Considerations
  o Byron Lee, MD, MAS – Professor of Medicine, Div. of Cardiology, Cardiac Electrophysiology & Arrhythmia Service, UCSF

- Social and Emotional Support of Families with Genetic Arrhythmia Problems
  o Matt Siemionko, MPH – Director of Family Support, Sudden Arrhythmia Death Syndromes (SADS) Foundation

- Panel Discussion with Questions From the Audience
  o Moderator: Dr. Scheinman
  o Panelists: All speakers

To Reserve Your Space and Free Box Lunch at the Seminar, Please R.S.V.P. to:
Joan Campagna / Comprehensive Genetic Arrhythmia Program
513 Parnassus Avenue, HSE Room 668, San Francisco, CA 94143-0794
Phone: 415-476-5409 E-mail: joan.campagna@ucsf.edu Visit our website at https://cardiology.ucsf.edu/research/programs/cgap/
There is no charge for attending the meeting. Children should be over age 13.

We hope you will take advantage of this opportunity to become better informed, to network with other families, and to direct your questions to our expert panel. You are welcome to invite your family physician, school nurse, athletic coach, emergency medical service or other interested persons – just let us know how many guests to expect. over >>>
Driving Directions to UCSF

Parking 9:30am-4:00pm = $26.25; Disable parking rates = $6.00 daily maximum

From the East Bay and Oakland Airport

1. Cross Bay Bridge (I-80 West), stay in second lane from right.
2. Exit right on 101 North/Golden Gate Bridge.
3. Get in left lane and exit to Octavia Blvd./Fell St.
4. Turn left on Fell St.
5. From far right lane, turn left on Stanyan St.
6. Turn right on Carl St., which becomes Irving St.
7. Turn left into UCSF Parking Garage on Irving St.

From Marin County

1. Cross Golden Gate Bridge, stay in far right lane.
2. Exit 19th Ave./Golden Gate Park onto CA-1 South.
3. Go through Golden Gate Park, where Park Presidio Dr. becomes 19th Ave.
4. Turn right on Judah St.
5. Turn right on 20th Ave.
6. Turn right on Irving St.
7. Turn right into UCSF Parking Garage on Irving St.

From San Francisco Airport and South Bay

1. Approach San Francisco, stay left.
2. Exit left on 101 North/Golden Gate Bridge.
3. From left lane, exit to Octavia Blvd./Fell St.
4. Turn left on Fell St.
5. From far right lane, turn left on Stanyan St.
6. Turn right on Carl St., which becomes Irving St.
7. Turn left into UCSF Parking Garage on Irving St.

From the Peninsula

1. Approach San Francisco, stay left.
2. Exit CA-1 North toward 19th Ave./Golden Gate Bridge.
3. Stay in the left lanes for 19th Ave.
4. Turn right on Irving St.
5. Turn right into UCSF Parking Garage on Irving St.

Where to Park

Street parking is available for free on surrounding residential streets, though space is limited. The UCSF public parking garage is open 24/7 and handicap accessible. If you park there for the event, parking will cost between $21.00-24.00.

San Francisco MUNI (Public Transportation)

Cole Hall is accessible via Muni streetcar line N-Judah, which stops at Second Avenue and Irving Street. The following Muni bus lines stop right in front of the hospital: 43-Masonic and 6-Parnassus. The N-Judah and 43-Masonic routes are wheelchair accessible. For more information see the Muni website at www.sfmuni.com.

How to Get to Cole Hall

Cole Hall is in the lobby of the Medical Sciences building, 513 Parnassus Avenue, across the street from the parking garage. Note there are 2 entrances to the Medical Sciences building, both numbered 513; you want the left-most entrance. Once in the lobby, follow the signs for the event. If you need handicap access please contact Joan Campagna directly.